

**Faculty of Health  
Department of Psychology  
HH/PSYC 4190 3.0 Section M  
Wednesday 7:00-10:00pm in VH 1158  
Seminar in Health Psychology, Winter, 2019**

**Instructor Information**

Course Director : P. Charlton, Ph.D.

Office: 258 BSB

Office Hours: TBA

Email: [hhpsyc@gmail.com](mailto:hhpsyc@gmail.com)

**Communication:** When sending email to the Course Director, please put the course name or number in the subject line to ensure that your message will be opened. Please refrain from asking question that can be answered by simply reading this document, or course schedule as posted on Moodle.

**Course Prerequisite(s): Course prerequisites are strictly enforced.**

HH/Psyc 1010 6.00 (Introduction to Psychology) with a minimum of grade of C.

HH/Psyc 2021 3.00(Statistical Methods I) or HH/Psyc 2020 6.00 (statistical Methods I and II)

HH/Psyc 2030 3.00 (Introduction to Research Methods) or substitutes

HH/Psyc 3170 3.0 (Health Psychology)

Students must be in an Honours Program in Psychology and have completed at least 84 credits (excluding (EDUC) education courses)

**Course Credit Exclusions**

Please refer to [York Courses Website](#) for a listing of any course credit exclusions.

**Course website: [Moodle](#)**

**Course Description**

The purpose of this course is to provide students with an opportunity to examine in depth current publications in health psychology in a seminar format. The topics will focus on recent and future research trends on health issues in the Canadian and world health context. This course encourage students to ask critical questions and solve problems using creative and innovative thinking.

**Learning Outcomes**

Upon completion of this course, students should be able to:

1. Demonstrate in-depth knowledge in health psychology.
2. Critically evaluate, synthesize and resolve conflicting results in health psychology.
3. Articulate trends in health psychology.
4. Locate research articles and show critical thinking about research findings in health psychology.
5. Express knowledge of health psychology in written form.
6. Engage in evidence-based diaggue with course director and peers.
7. Demonstrate an ability to work with others.

## Specific Learning Objective

The specific learning objective for this course is to provide students with up-to-date knowledge of research directions in health psychology.

## Required Reading

Students have access to the course website in Moodle which a number of reading material will be posted every week for each lecture. Each weekly meeting will consist of a combination of assigned reading, discussions and presentations. Class attendance is mandatory and will be reflected in participation marks.

## Course Requirements and Assessment:

Assessments	Date of Evaluation (if known)	Weighting
1-2 page Reflection Papers	1 weeks after reading discussion	40%
Research Paper	March 20, 2019	40%
Presentation	April 3, 2019	15%
Participation	All Term	5%
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Total		100%

### *Reflection Papers: (40%)*

A total of 8 seminars are scheduled. The student shall write a 1-2 typed double spacing paper which is the student's own summary, critique, reflection, related experiences and *INSIGHT* to that particular seminar articles. The reflection paper is due in the next class. Late assignments will not be accepted.

### *Research Papers: (40%)*

A 5 to 8 pages research paper based on a topic from the eight seminars will be due on March 20, 2019. Please see grading criteria posted on Moodle.

### *Presentation: (15%)*

Each student will present their research paper to the class in 10 minutes. Please see grading criteria posted on Moodle.

### *Participation: (5%)*

Participation means attending classes, participate in class discussions, participation in scheduled assignments, academic honesty and other positive behaviors. There will be a reduction of participation marks for any student who does not refrain from disturbing other students during seminars and presentations, lack of participation as described above, and any other dishonest and disrespectful behaviour either in class, on Moodle forum or in emails. Students will be expected to maintain civility and mutual respect.

## Grading as per Senate Policy

The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A+ = 9, A = 8, B+ = 7, C+ = 5, etc.). Assignments and tests will bear either a letter grade designation or a corresponding number grade (e.g. A+ = 90 to 100, A = 80 to 89, B+ = 75 to 79, etc.)

(For a full description of York grading system see the York University Undergraduate Calendar - [Grading Scheme for 2018-19](#))

## Late Work/Missed Tests or Exams

Students with a documented reason for missing a course test, such as illness, compassionate grounds, etc., which is confirmed by supporting documentation (Attending Physician Statement which can be found at: <http://myacademicrecord.students.yorku.ca/pdf/attending-physicians-statement.pdf>) may request accommodation from the Course Instructor. Further extensions or accommodation will require students to submit a formal petition to the Faculty.

## Important New Information Regarding Missed Tests

For any missed tests or late assignments, students MUST complete the following online form which will be received and reviewed in the Psychology undergraduate office.

[HH PSYC: Missed Tests/Exams Form](#). Failure to complete the form within 48 hours of the original deadline will result in a grade of zero for the test/assignment.

## Add/Drop Deadlines

For a list of all important dates please refer to: [Fall/Winter 2018-19 - Important Dates](#)

	<b>FALL (F)</b>	<b>YEAR (Y)</b>	<b>WINTER (W)</b>
Last date to add a course <b>without permission</b> of instructor (also see Financial Deadlines)	Sept. 18	Sept. 18	Jan. 16
Last date to add a course <b>with permission</b> of instructor (also see Financial Deadlines)	Oct. 2	Oct. 23	Jan. 30
Drop deadline: Last date to drop a course without receiving a grade (also see Financial Deadlines)	Nov. 9	Feb. 8	March 8
Course Withdrawal Period (withdraw from a course and receive a grade of "W" on transcript – see note below)	Nov. 10 - Dec. 4	Feb. 9 - Apr. 3	March 9 - Apr. 3

**\*Note:** You may withdraw from a course using the registration and enrolment system after the drop deadline until the last day of class for the term associated with the course. When you withdraw from a course, the course remains on your transcript without a grade and is notated as "W". The withdrawal will not affect your grade point average or count towards the credits required for your degree.

## Information on Plagiarism Detection

Electronic software such as Turnitin may be used to detect plagiarism.

## Electronic Device Policy

York University prohibits theft of intellectual property by a student, which includes recording a course director's lecture without their permission or taking lecture material provided for a student online, modifying it, and/or using it for a student's own personal use or gain. The material provided by a course director is only to be used for a student's personal study when they take the course for which it was created. Use in any other way could result, at the minimum, in sanctions in accordance with the York's Student Code of Conduct and, at the maximum, will be breaking federal, provincial or municipal laws and will be acted on accordingly.

## Attendance Policy

See participation section under assessment.

## Academic Integrity for Students

York University takes academic integrity very seriously; please familiarize yourself with [Information about the Senate Policy on Academic Honesty](#).

It is recommended that you review Academic Integrity information [SPARK Academic Integrity modules](#). These modules explain principles of academic honesty.

### **Test Banks**

The offering for sale of, buying of, and attempting to sell or buy test banks (banks of test questions and/or answers), or any course specific test questions/answers is not permitted in the Faculty of Health. Any student found to be doing this may be considered to have breached the Senate Policy on Academic Honesty. In particular, buying and attempting to sell banks of test questions and/or answers may be considered as “Cheating in an attempt to gain an improper advantage in an academic evaluation” (article 2.1.1 from the Senate Policy) and/or “encouraging, enabling or causing others” (article 2.1.10 from the Senate Policy) to cheat.

### **Electronic Devices During a Test/Examination**

Electronic mobile devices of any kind are not allowed during a test or examination. Students are required to turn off and secure any electronic mobile device in their bag which is to be placed under the chair while a test/exam is in progress. Any student observed with an electronic device during a test/exam may be reported to the Undergraduate Office for a potential breach of Academic Honesty.

### **Academic Accommodation for Students with Disabilities**

While all individuals are expected to satisfy the requirements of their program of study and to aspire to do so at a level of excellence, the university recognizes that persons with disabilities may require reasonable accommodation to enable them to do so. The [York University Accessibility Hub](#) is your online stop for accessibility on campus. The [Accessibility Hub](#) provides tools, assistance and resources. Policy Statement.

**Policy:** York University shall make reasonable and appropriate accommodations and adaptations in order to promote the ability of students with disabilities to fulfill the academic requirements of their programs.

The nature and extent of accommodations shall be consistent with and supportive of the integrity of the curriculum and of the academic standards of programs or courses. Provided that students have given sufficient notice about their accommodation needs, instructors shall take reasonable steps to accommodate these needs in a manner consistent with the guidelines established hereunder.

For Further Information please refer to: [York university academic accommodation for students with disabilities policy](#).

### **Course Materials Copyright Information**

These course materials are designed for use as part of the PSYC 2230 A course at York University and are the property of the instructor unless otherwise stated. Third party copyrighted materials (such as book chapters, journal articles, music, videos, etc.) have either been licensed for use in this course or fall under an exception or limitation in Canadian Copyright law.

Copying this material for distribution (e.g. uploading material to a commercial third-party website) may lead to a violation of Copyright law. [Intellectual Property Rights Statement](#).

## COURSE SCHEDULE

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DATE	TOPICS	READINGS
Jan. 9	Health Psychology in the Canadian Context (1)	
Jan. 16	Positive Psychology (2)	
Jan. 23	Brain Nutrition (3)	
Jan. 30	Virus and CNS diseases (4)	
Feb. 6	Environment and Health (5)	
Feb. 13	Psychopharmacology (6)	
	<b><i>Reading Week Feb. 16-22</i></b>	
Feb. 27	Health systems in the world health Context (7)	
Mar. 6	Health Psychology and Future Trends Context (8)	
Mar. 8	<b><i>Last Day to drop course without receiving a grade</i></b>	
Mar.13	Student Presentations	
Mar. 20	Research paper Due / Student Presentations	
Mar. 27	Student Presentations	
Apr. 3	Student Presentations	

***HAPPY HOLIDAYS !!***